

## HAND & FOOT CARE

MANICURE (additional \$12 for Shellac)	\$27
SPA MANICURE—exfoliation & warm paraffin dip	\$40
MEN'S HAND DETAILING	\$20
CREATIVE™ GEL ENHANCEMENT	\$40-\$60
MINI PEDICURE with Exfoliant 45 min. Basic Maintenance of toes with exfoliation of feet & polish	\$40
SEASONAL PEDICURE (ask for details)	\$60

Add these services to any of the above

CREATIVE™ SHELLAC POLISH	\$12
EXFOLIATION	\$5
PARAFFIN DIP	\$8
FRENCH POLISH	\$5

## HAIR REMOVAL

BROW DESIGN	from \$20
BROW MAINTENANCE	\$17
LIP OR CHIN	\$11

## bareMinerals MAKEUP

MAKEUP APPLICATION (non-instructional)	\$30
MAKEUP ARTISTRY LESSON	*\$45

\* a \$20 reservation fee is required @ time of scheduling.

(can be redeemed if spending \$75+ in BE @ time of lesson.)

## TINTING

EYEBROW TINT	\$18
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## HAIR CARE

### SCISSOR WORK & STYLING

WOMEN'S CUT	\$35
MEN'S CUT	\$26
CHILD'S CUT	\$22
SHAMPOO & STYLE	from \$25
UP-WORK	from \$65

### COLOR TREATMENTS

HAIR COLOR BY AVEDA OR PAUL MITCHELL	from \$57
MULTI-DIMENSIONAL COLOR	from \$80
PARTIAL FOIL	from \$50
FULL FOIL	from \$70
BALYAGE	from \$85
COLOR GLOSSING	from \$30
MEN'S COLOR & CUT	from \$55

### PERMS & TEXTURIZING

PERM includes haircut. 2hrs+	from \$100
STRAIGHTENING HOT SMOOTH 3hrs	from \$180
STRAIGHTENING COLD SMOOTH 2hrs	from \$120

## HAIR AND SCALP TREATMENTS

AVEDA BOTANICAL HAIR & SCALP THERAPY	\$50
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Experience a "facial for your hair," our holistic approach to healthy hair and scalp. The treatment begins with an aroma-therapeutic Balancing Touch Massage customized to treat scalp condition and balance your mood. Next, your hair is repaired with a professionally prescribed, botanically based treatment that improves hair's condition by up to 71%. You are also treated to a Stress-Relieving Hand Ritual.

AVEDA BOTANICAL SCALP THERAPY	\$25
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Combines a professionally prescribed aroma-therapeutic treatment with our Balancing Touch Massage to balance scalp and mood and increase oxygen circulation to the scalp for healthy hair.

AVEDA BOTANICAL HAIR THERAPY	\$25
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A professionally prescribed treatment for intense hair repair to improve hair's condition by up to 71%. Botanical Hair Therapy is an ideal way to enhance your hair cut or hair color service.

## BODY CARE

### RELAXATION OR THERAPEUTIC MASSAGE

Relaxation massage is a full body massage designed to release tension, restore circulation and reduce stress; creating a feeling of well being and total relaxation.

Therapeutic massage utilizes deep tissue massage techniques aimed to address therapeutic concerns and release chronic tension patterns. Focus areas will be addressed based on your needs. For enhanced relaxation, both massage include aromatherapy and use of hot towels.

60 min.	\$65
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90 min.	\$90
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### HOT STONE THERAPY MASSAGE \$85

This luxurious and relaxing massage utilizes hot basalt stones to penetrate heat deep into the tissues of the body. The hot stones, combined with a full body relaxation massage, opens energy pathways, and calms the psyche, resulting in a state of deep relaxation that must be experienced to appreciate. Not recommended for pregnant women. 75 min.

### AVEDA CHAKRA BALANCING MASSAGE \$85

An innovative treatment that focuses on the chakra energy centers using aromatherapy and a variety of massage techniques. The treatment features the Aveda Chakra Balancing Blends with deep tissue massage on the back and spinal muscles, chakra reflexology massage for the feet and energy work for the chakras. In addition, guests will be guided through a meditation to enhance the benefits of stress relief, decreased muscular tension and increased energy. 75 min.

### AVEDA STRESS-FIX BODY MASSAGE \$85

Clinically proven to reduce feelings of stress, the Stress-Fix aroma with lavender, lavandin and clary sage is incorporated throughout this body massage combining Swedish and deep tissue massage along with foot reflexology, acupressure points and a guided meditation to calm and rejuvenate you. 75 min.

### CHAIR MASSAGE \$30

Convenient and time effective. Great for first time massage recipients, lunch breaks or after a long day. 30 min.

### MOTHER-TO-BE MASSAGE \$70

Reduce stress and promote a sense of well-being with this massage specifically designed for mothers-to-be. A variety of massage techniques will be used to increase circulation, relieve muscle tension and reduce stress. Pillows are strategically placed to assist in comfort and safety for this massage. 60 min.

### KINESIO TAPING \$20

Kinesio Taping is designed to facilitate the body's natural healing process while allowing support and stability to muscles and joints without restricting the body's range of motion. It is used to treat a variety of orthopedic, neuromuscular, neurological and medical conditions. It is also used for preventive maintenance, Edema, & pain management. 15 min.

SunDay's Salon & Spa is a full service salon and spa offering treatments in hair care & color, massage therapy, make-up, facial waxing, and nail care. We are here to provide you with high quality treatments and lots of pampering while working with you to achieve your beauty and wellness goals.

SunDay's is unlike any other salon & spa thanks to our philosophy of providing exceptional experiences to our guests regardless of service provider. We are a team. Our guests are never limited to one service provider. Guests have the opportunity to have treatments, done at their convenience, with any of our service providers. Your schedule is more important to us than ours.

Please come experience rest, relaxation, rejuvenation and fun with our team of professionals. We look forward to helping our guests exceed their beauty and wellness goals.

#### Payment / Deposits

We accept cash, check, Visa, Master Card, Amex & Discover.

A Credit Card is required to hold a spa day of services.

All sales are final. There are no refunds on services or gift cards.

There are no returns on product. Exchanges may be made on unopened products only.

We are unable to accept or exchange Bare Mineral items after purchase. If for any reason you have a reaction to the product, please contact us.

#### Tipping

Tipping is permitted, however we ask you pay with cash or check only.

#### Children

Children are not permitted in the service areas unless they are receiving a service themselves. Children waiting in the reception area need to be supervised by a parent or guardian at all times in the salon. Our goal is your child's safety and the opportunity for our technicians to give their complete focus to each client.

#### Cancellation/No-Show Policy

We require 24 hours notice for cancellation and rescheduling. Guests canceling with less than 24 hours notice, will be charged 100% of the scheduled service price.

#### Arrival

We ask that you arrive at least 10 minutes before your scheduled appointment to complete necessary paperwork, etc. Late arrivals will not receive the full scheduled service so that we may begin services on time for our next scheduled guest.

#### Service Pricing

All prices listed may vary and can be changed without notice.

#### Cell Phone Use

Please turn your cell phones to vibrate, or off, during your visit so that our guests can enjoy their quiet time in the spa.



**beautiful. you.**

-Hours-

Tuesday 10a-5p

Wednesday 9a-7p

Thursday 10a-7p

Friday 10a-7p

Saturday 8a-3p

603.524.9445

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